

Dr. D.Y. PATIL COLLEGE OF PHYSIOTHERAPY

Dr. D.Y.PATIL VIDYAPEETH, PUNE

(DEEMED TO BE UNIVERSITY)

Re-accredited by NAAC with a CGPA of 3.62 on a four point scale at 'A' Grade.

(An ISO 9001:2008 Certified University)

ACA/R/05 Date: 02/07/2018

LESSON PLAN

: FIRST AID AND EMERGENCY CARE **Subject**

Class : BPT II year III Semester (2018)

Class Incharge : Dr. Amita Aggarwal (PT) : Dr. Ankita Dabshede (PT) **Subject Teacher**

Total Hours prescribed: -64 (Didactic-32, Practical -32)

Sr	Topic	No. of hours		Mode of teaching
No.		required		
		Th	Pr	
1	Introduction to first aid- Assessment, immediate	1	1	Power Point Presentation +
	actions and priorities of first aid			class test
2	Bandages- Types, binders, splints and slings	2	2	Power Point Presentation +
				class test +practical
3	Promoting safety consciousness	2	2	Power Point Presentation +
	Fromothing safety consciousness			class test
4	Examination of vital signs	6	6	Power Point Presentation+
7				Practical + class test
5	First aid in RTA, spinal cord injuries and	4	4	Power Point Presentation +
3	fractures			class test
6	First aid in cardiac arrest	2	2	Power Point Presentation+
U				Practical + class test
7	First aid in respiratory failure	2	2	Power Point Presentation+
′				Practical + class test
8	First aid in burns	2	2	Power Point Presentation+
0				Practical + class test
9	First aid in shock	2	2	Power Point Presentation+
9				Practical + class test
10.	First aid in bleeding, hypothermia	2	2	Power Point Presentation+
10.				Practical + class test
11	Bleeding	2	2	Power Point Presentation+
11				Practical + class test
12	Drowning	2	2	Power Point Presentation+
1.4				Practical + class test
13	Medical Triage	2	2	Power Point Presentation+
13				Practical + class test
14	First Aid Kit	1	1	Power Point Presentation+
14				Practical + class test

Total Didactic Hours – Theory: 32hours **Practical: 32 hours**

Total scheduled hours – 64 hours