Dr. D.Y. PATIL COLLEGE OF PHYSIOTHERAPY
Dr. D.Y.PATIL VIDYAPEETH, PUNE
(DEEMED TO BE UNIVERSITY)
Re-accredited by NAAC with a CGPA of 3.62 on a four point scale at 'A' Grade.
(An ISO 9001:2008 Certified University)

## LESSON PLAN

Subject : FIRST AID AND EMERGENCY CARE

Class : BPT II year III Semester (2018)
Class Incharge : Dr. Amita Aggarwal (PT)
Subject Teacher : Dr. Ankita Dabshede (PT)
Total Hours prescribed: -64 (Didactic-32, Practical -32)

| Sr <br> No. | Topic | No. of hours <br> required | Mode of teaching |  |
| :---: | :--- | :---: | :---: | :--- |
| $\mathbf{T h}$ | Pr |  |  |  |
| 1 | Introduction to first aid- Assessment, immediate <br> actions and priorities of first aid | 1 | 1 | Power Point Presentation + <br> class test |
| 2 | Bandages- Types, binders, splints and slings | 2 | 2 | Power Point Presentation + <br> class test +practical |
| 3 | Promoting safety consciousness | 2 | 2 | Power Point Presentation + <br> class test |
| 4 | Examination of vital signs | 6 | 6 | Power Point Presentation+ <br> Practical + class test |
| 5 | First aid in RTA, spinal cord injuries and <br> fractures | 4 | 4 | Power Point Presentation + <br> class test |
| 6 | First aid in cardiac arrest | 2 | 2 | Power Point Presentation+ <br> Practical + class test |
| 7 | First aid in respiratory failure | 2 | 2 | Power Point Presentation+ <br> Practical + class test |
| 8 | First aid in burns | 2 | 2 | Power Point Presentation+ <br> Practical + class test |
| 9 | First aid in shock | 2 | Power Point Presentation+ <br> Practical + class test |  |
| 10. | First aid in bleeding, hypothermia | 2 | Power Point Presentation+ <br> Practical + class test |  |
| 11 | Bleeding | 2 | Power Point Presentation+ <br> Practical + class test |  |
| 12 | Drowning | 2 | Power Point Presentation+ <br> Practical + class test |  |
| 13 | Medical Triage | 2 | Power Point Presentation+ <br> Practical + class test |  |
| 14 | First Aid Kit | 1 | Power Point Presentation+ <br> Practical + class test |  |

Total Didactic Hours -
Theory: 32hours
Practical: 32 hours
Total scheduled hours - 64 hours

