



MAEER PUNE'S

**MAHARASHTRA INSTITUTE OF
PHYSIOTHERAPY, LATUR.**



CERTIFICATE OF PAPER PRESENTATION

This is to certify that

Dr. Bhagyashree Salekar (PT)

Presented the paper titled in

*EFFECT OF FUNCTIONAL EXERCISES AND JACOBSON'S PROGRESSIVE MUSCLE RELAXATION
ON PAIN AND SLEEP QUALITY IN PREMENSTRUAL SYNDROME*

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