



Role of Physiotherapy in Covid-19

Physical Therapy proves to be vital for covid suspected & confirmed patients, from PreIntensive & PostIntensive Care Units, extended Care/subacute rehabilitation facilities to outpatient pulmonary centers and home settings



Postural Drainage



An intervention that uses Gravity assisted positions to help more mucus from the lungs up to the throat of the patient .

-Improves Airway Clearance,Cough Effectiveness,& Ventilation through Mobilization

Besides, Lungs are also drained using Vibration & Percussion Techniques .

Airway Facilitation

Various Chest Maneuvers and Breathing Exercise Devices can improve Lung Capacity in Covid Patients . The goal of cardiovascular and pulmonary physical therapy for patients with respiratory dysfunction are to :

- Prevent Airway Obstruction and Accumulation of Secretions that interfere with Normal respiration
- Reduce Energy Costs through Breathing Retraining
- Improve Chest Mobility



PICS (Post Intensive Care Syndrome)

has been experienced in some patients of Covid 19 that characterize impaired cognitive functions and physical ability being effectively treated by Physical Therapy

- Improves Endurance, General Exercise Tolerance and overall well being





CERTIFICATE *of appreciation*

Proudly Presented to

Shivani Nitin Surana

for winning 3rd place in Poster Making Competition held online
on 26th October 2020 by Dr Physio Pizz .

DR PHYSIO PIZZ

SIGNATURE



CERTIFICATE

of Participation

THIS IS TO CERTIFY THAT
Mr./Mrs./Ms.

DR. NEHAL AGARWAL

has presented research paper titled "Effect of dry needling on clinical and functional outcomes in spinal musculoskeletal conditions: a review of literature" and was adjudged **Second** at **1st International Spine E Conference on "Empowering Physiotherapists in Spinal Care & Research"** from November 28-29, 2020. Organized by Venus Institute Of Physiotherapy, Gandhinagar with the collaboration of **My Rehab Academy, ICRA and FIMT.**

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