

DPU

DYP Physios Alum- Alumni Association of
Dr. D.Y. Patil College of Physiotherapy, Pune

Webinar No. 19

The Significance of Individualised Rehabilitation and it's Benefits : A Pragmatic Approach

An IQAC Initiative

Speaker



Dr. Nikita Prabhu

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About the Webinar

- Need for individualised rehabilitation exercise programme
- Goal setting
- Few interesting case examples:
 - 1) ACL rehabilitation in a district level football player v/s a sedentary person.
 - 2) Sports specific rehabilitation of an elite squash player after anterior and posterior impingement of the ankle
 - 3) Return to work of a cabin crew after wrist injury

Webinar Details

Date: 19th August 2020 Time : 3.30 pm to 4.30 pm

<https://www.facebook.com/DPU.Physiotherapy/>

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