

DPU

DYP Physios Alum- Alumni Association of
Dr. D.Y. Patil College of Physiotherapy, Pune

Webinar No. 70

*Returning to Play: Psychological Aspects of
Sports Injuries - The Mind Does Matter!!!*

An IQAC Initiative

Speaker



Dr. Sayli Shinde

Club Compliance Officer, Jamshedpur FC
Hero Indian Super League, Goa
Head Sports Physiotherapist, Bodynetic
Team Physiotherapist, Football School of India

About the Webinar

- Psychological characteristics of injury prone athletes
- Psychological response to injury
- Tips for mental recovery post injury
- Psychological readiness to return to sports

Webinar Details

Date: 9th October 2020 Time : 3.30 pm to 4.30 pm

<https://www.facebook.com/DPU.Physiotherapy/>

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